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# MONTEVERDE CLOUD FOREST & ARENAL VOLCANO LAND TOUR

San José to Puerto Caldera

PRE CRUISE – 4 DAYS, COSTA RICA FROM \$1,800

**PAIR YOUR COSTA RICA & PANAMA CANAL VOYAGE** with an inland tour of lush cloud forests and Costa Rica's most prominent volcano. Venture inland to trek through Costa Rica's Monteverde Cloud Forest Biological Reserve and then experience the unique magic of a nighttime walk among nocturnal animals and sleeping tropical birds in the private Curi-Cancha Reserve. You'll also spend an unforgettable day around the steep slopes of Arenal, Costa Rica's most famous and active stratovolcano, where you can choose between a heart-pounding zipline ride among the high treetops, or a more leisurely hanging bridge walk featuring breathtaking rainforest and waterfall views.

## WHAT'S INCLUDED

- 4 hotel stays – 1 night at the Costa Rica Marriott or similar, 1 night at the Poco a Poco Hotel or similar, 2 nights at Hotel Arenal Kioro or similar
- Admission to the Monteverde Cloud Forest Biological Reserve in search of the Resplendent Quetzal, Curi-Cancha Reserve Night Tour of the Cloud Forest, Arenal Lake Crossing, Ranch Heliconia World Famous Coffee Tour, Mistico Park, Tabacon Resort Hot Springs, San José National Theater and National Park
- Meals as indicated on day to day descriptions
- All transfers to and from sites, hotels, and ship

## DAY TO DAY – PRE CRUISE



### DAY 1 – San José

Arrive in San José where a private transfer will be waiting at the airport to take you to your deluxe room at the Costa Rica Marriott Hotel. You will have the rest of the day on your own to travel into town if you wish to explore the sights of San José, like La Sabana Park, Museo del Jade Marco Fidel Frisan Castro and San José Central Market or remain and enjoy the facilities of your hotel.

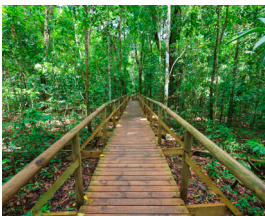
## DAY TO DAY – PRE CRUISE

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### DAY 2 – Monteverde

Enjoy an early breakfast at the hotel and a scenic drive to Monteverde as your English-speaking guide introduces you to the wildlife you might encounter at the Monteverde Reserve. Founded in 1972, the Monteverde Cloud Forest Biological Reserve is among the most famous reserves in the world for its biodiversity, conservation, contributions, and scientific researches. Hike in the forest canopy, go birding, hoping to spot the Resplendent Quetzal, or discover the aromas and beauty of the coffee plantation. The evening brings Curi-Cancha Reserve, part of 210-acre private wildlife reserve in the very heart of Monteverde, covering both lower, and wet montane, and premontane wet virgin cloud forest. The night allows for possible sightings of mammals and sleeping birds. Enjoy the nightly symphony of frogs and insects. Return to the hotel for dinner and overnight. Includes: breakfast, lunch, and dinner.



### DAY 3 – Monteverde to Arenal

Enjoy breakfast at your hotel to fuel you for your lake crossing to Arenal. On the way, stop at Rancho Heliconia for a tour of world-famous Costa Rican coffee plantation, take a cooking class on local cuisine, and leave your green footprint by planting a tree. Lunch is served at Rancho Heliconia. Then head to Arenal Lake to board a boat. At the other side of the lake, head to Tabacon Resort for the rest of the evening is at your leisure. Soak in the hotel's well-known hot springs to prepare for your next full day. Buffet-style dinner at Aves de Paraiso (or similar) is included. Includes: breakfast, lunch, and dinner.



### DAY 4 – Arenal

Today includes the option of ziplining through the trees or walking a series of impressive bridges in the treetops. Start your day with breakfast at your hotel. Then it's off on adventure. If you're ziplining you'll head to Arenal Park for a 20-minute gondola ride to see the rainforest, the Arenal Volcano and Arenal Lake. Then you'll zipline, traveling 600 feet in the air to see nature from a truly different perspective. Or if you're walking the bridges, you'll start your adventure at Mistico Park. You'll want to bring your binoculars to look for the birds and howler monkeys in the trees around you. Then on to Arenal Park to take the gondola ride. Enjoy lunch at the park before transferring back to your hotel for an afternoon at your leisure. Your guide will recommend some optional activities before dinner at the hotel's main restaurant. Includes: breakfast, lunch, and dinner.



### DAY 5 – Puerto Caldera San José National Park – Board Your Windstar Ship

Breakfast at the hotel. Drive back to San José for your city tour with lunch downtown. Visit the National Theater, an icon for Costa Rican people and an architectural jewel representing the progress and the fruits of the labors of their ancestors. Continue on an easy walk to Democracy Square then to the National Park featuring the bronze National Monument of Costa Rica. Your inland adventure ends here, and now it's time to meet your ship at Puerto Caldera. Includes: breakfast and lunch.

Call Your Travel Advisor Today  
or Windstar Cruises at **1-800-258-7245**.

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## PACKAGE DETAILS

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### **ARENAL/LA FORTUNA HOTEL STAY WILL BE ONE OF THESE HOTELS:**

#### **Tabacon Resort & Spa Hotel - 5-star Hotel**

*Address:* 8 miles Northeast of La Fortuna Downtown, 142, Nuevo Arenal-San Carlos, Alajuela, Costa Rica.

#### **Hotel Arenal Kioro Suites & Spa – 5-star Hotel**

*Address:* From La Fortuna Downtown, 6 miles towards the Arenal Volcano, 142 San Carlos, Alajuela, Costa Rica.

#### **The Royal Corin Thermal Water Spa & Resort - 5-star Hotel**

*Address:* From the Catholic Church, 2.5 miles towards the Arenal Volcano in La Fortuna de San Carlos, Alajuela Costa Rica.



### **MONTEVERDE/SANTA ELENA HOTEL STAY WILL BE ONE OF THESE HOTELS:**

#### **Hotel Poco a Poco Monteverde – 4-star Hotel**

*Address:* 100 meters east from The Frog Pond in Monteverde. Hotel Poco a Poco is the first hotel on the right hand side once you arrive to Monteverde. Monteverde Puntarenas, Costa Rica.

#### **El Establo Hotel – 3-star Hotel**

*Address:* Puntarenas Province, Monteverde, Costa Rica.

#### **Monteverde Mountain Hotel – 3-star Hotel**

*Address:* 820 feet southeast from Rafael Arguedas Herrera School, Santa Elena, Monteverde Puntarenas, Costa Rica.

#### **Ficus Hotel – 4-star Hotel**

*Address:* 165 feet East of Correos de Costa Rica, Monteverde Puntarenas, Costa Rica.



### **SAN JOSÉ HOTEL STAY WILL BE AS FOLLOWS:**

#### **Costa Rica Marriott Hotel – 5-star Hotel**

*Address:* 766 yards (700 meters) west from Bridgestone/Firestone La Ribera de, Heredia, 40703.

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### CRUISE TOUR HIGHLIGHTS

- 7-day cruise from Colón to Puerto Caldera or reverse
- Attend onboard presentations from a Costa Rican Naturalist throughout your cruise
- Monteverde's cloudforest, home of the Resplendent Quetzal
- Admire the majestic Arenal Volcano and cross Lake Arenal
- Appreciate this engineering feat with daylight transit of the Panama Canal
- Zipline through the Arenal rainforest for a bird's-eye view of the lush landscape
- Take a sky tram ride to the Arenal park



### THE LAND TOUR PORTION BETWEEN SAN JOSÉ AND PUERTO CALDERA INCLUDES:

- All transfers to and from sites, hotels, and ship
- Meet & greet and all transfers at the port or airport, to and from various sites
- Air-conditioned transportation during the entire itinerary
- English-speaking guide during the whole tour
- 4 hotel stays – 1 night at the Costa Rica Marriott or similar, 1 night at the Poco a Poco Hotel or similar, 2 nights at Tabacon Resort or similar
- All tours as described
- Meals as indicated
- All taxes and service charges related to the tour

### THE LAND TOUR PORTION BETWEEN SAN JOSÉ AND PUERTO CALDERA DOES NOT INCLUDE:

- Extra tips for maids and bellboys
- Alcoholic beverages
- Departure taxes
- Meals that are not indicated in the program
- Tours and transfers that are not indicated in the program

*Please note:* Bring your hat, sunscreen, sunglasses, insect repellent, light rain jacket, and comfortable walking shoes for both dry and wet conditions. This tour is not wheelchair accessible and is not suitable for people with mobility issues. At times travel is on winding unpaved roads. Luggage handling is included in this program so it is suggested to plan to travel to Monteverde and Arenal with a lighter bag and leave extra cruise luggage to be stored by the tour operator during the land portion. Itinerary timing is subject to change and, on rare occasions, the content of a day can be moved to another day due to holidays and other operational reasons.

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